

# Seasonal Circles Audio Blog & Podcast [ep.1]

## How Heal One World Is Creating Healing Spaces and Community Connection

**Intro** Hi friends, and welcome back to Seasonal Circles audio blog and podcast, where we explore soulful living, life transitions and conscious growth.

**Robin B. Pipkins** Hello everyone. Today we welcome Skye Kelly with Hill One World, which is a non-profit located in Los Angeles, California. Hello. Skye. How are you?

**Skye** I'm well, Robin. Thanks for having me. How are you doing?

**Robin B. Pipkins** I'm doing well. I'm doing well. We are having an unseasonably warm weather here in North Carolina. It is eighty degrees.

**Skye** Oh, wow. We have the same. We have the same, uh, weather going on

**Robin B. Pipkins** Yeah,

**Skye** in Hawaii.

**Robin B. Pipkins** yeah. And can you tell the audience where you are right now?

**Skye** Ah, yeah. I'm currently, uh, just outside of Lahaina, Hawaii. here on Maui. And this is my second home or heart home. So I spend my time between here in Los Angeles. So pretty lucky.

**Robin B. Pipkins** Yes. Yes, I love Hawaii. Aloha

**Skye** Aloha.

**Robin B. Pipkins** is a beautiful place and it's so weird that we are sharing the same weather right now. It's just

**Skye** Ah.

**Robin B. Pipkins** it's it's I think we're like at a record right now where it's normally, not this warm. So it's just very, very strange that we're having eighty degree weather in March.

**Skye** Yeah, that is wild.

**Robin B. Pipkins** All right. So I'm going to go ahead and get started on some questions for you. so my first question is can you walk us through your journey and that aha moment that inspired you to start your wellness organization?

**Skye** Sure. So, I was eighteen when I was in a really, uh, devastating car accident. Uh, prior to that, I had. Um, I've had I went through a lot of things in my life that made me have to become an adult and very responsible very quickly. So at that point of being eighteen, I've moved from the east coast to the West Coast. So I was in LA and I was working, um, and I was in this really bad car accident, and I was the breadwinner of our family, uh, which was just my mom and I and our cat. So when I was in this accident, um, like I mentioned, I was working, so it was worker's comp, and it didn't kick in very quickly, so, unfortunately, um, we lost our place. We were staying, um, we're living in the car for a number of months, and of course, and I was really injured, so. And I, we couldn't my mom was trying to help me just be able to function. I had spent some time in the hospital. So during that time there were a lot of bills. Um, and then there were was no income. So I, I was in a pinch, of course, and I was getting surgeries. I was put through three different surgeries for my, um, shoulder, elbow and knee. It was my right side. And

they told me, um, luckily got out of living out of the car after a few months. But that time is pivotal. So that's why I share that, because it really created a deep sense of like empathy and of being like, if how am I supposed to get out of this if I can't work? Um, but you're saying I can't do anything unless I work. it also exposed me to the social system as far as, like, going in to try to get, like, benefits and things of that nature and how kind of demoralizing that is. So that is a part of why I shaped the organization the way it is. Um, but it ends up after these surgeries, they didn't want to allow me to have any more physical therapy. And by the time I was almost twenty, they had rated me permanently disabled, like eighty nine, Ninety two. Something. It was a really high percentage.

**Robin B. Pipkins** Oh,

**Skye** Uh,

**Robin B. Pipkins** wow.

**Skye** funnily enough, when you're when you stop working at eighteen and I'd worked for maybe like a year and a half at that point, your rating for your permanent like, basically, you said I'd have to find a way to live off of four hundred and ninety dollars a month. That was my permanent disability. So even if I'd wanted to be okay with that, which clearly I think most people wouldn't be, um, I was like, I don't think that's that's I'm certainly I don't want to be living in my car ever again. So the little bit of time I had with physical therapy, I discovered that something called craniosacral therapy and something called Feldenkrais and some other hands on treatments were helping my pain far more than any, uh, of the surgeries did. But it wasn't covered under worker's comp or insurance. Uh, it's like an hour long that someone has their hands working on you, and it's just not cheap. And because they don't find it efficient, even though it can heal you, Uh, it wasn't covered. So I was really lucky. I found a lady who gave me free sessions for, like, a couple years. Um, her husband Had come from Australia. He was the one that could legally work. She couldn't. But she was a craniosacral therapist. And so, like, the ability to find someone that was able to facilitate, like, literally my healing from going to ninety percent permanently disabled to eventually becoming like a scuba dive master and stuff lay in the hands of being connected with someone who had the want and ability to give their time. Um, she did it for free. You know, I take clients on. I'm a cranial therapist now, so I do sliding scale, but there was just, like, nothing available. I didn't know how to find this, so I got better. I came out to Hawaii. being able to swim with the sea turtles was my refuge. I always wanted to be able to just, you know, swimming was one of the things I could do without a lot of pain. And it built a lot of strength for me. So I came out here to Hawaii. I got my real estate license. I purchased my first house and things were looking on the up for sure. I brought my mom out here and I felt drawn to go back to LA, and I wanted to go to college because I'd never gotten to go to finish with college. And I felt like, you know, maybe there's a calling, there's something I need to do to give back, because I felt incredibly blessed and and fortuitous that I was able to get through all of this. And it wouldn't have happened without these modalities that a lot of people don't even know exist. And if they did, maybe they couldn't afford. So I'm back in LA, I'm going to school. and I see that there's a workshop. It's they still are around today. Um, and it's oh my gosh, pro. Oh, I can't remember the name right now, but they're, uh, they provide pro bono legal services to charities. And they held a workshop on creating one. And I went to it and I did it. And that was so I felt very I'm like, okay, I'm going to call it Hill One World. When I had gone traveling before and I wanted to document, like native healing modalities, that was my project name. And I'm like, I'm going to call this hill One World. And

**Robin B. Pipkins** Mhm.

**Skye** I put together all the paperwork. When you put together the paperwork, you have to find people who are going to join you. So you're going to find your board members, and people who share your mission. So I did that. And, um, a couple of them were real big yogis. So it ends up that yoga was one of the first main things that we one of our offerings, um,

**Robin B. Pipkins** Mhm.

**Skye** and I also had to come up with a fundraiser, which I because I was in film school, I created the Awareness Film Festival out of that. And

**Robin B. Pipkins** Nice.

**Skye** so we got approval in like six weeks, which was wild. unmet need is the biggest threshold that they look for. And there

**Robin B. Pipkins** Mhm.

**Skye** wasn't really anything like what we were doing at that time to make this. And, you know, there's an I actually don't know nowadays, sadly, but hopefully there's still a complementary medicine cam. Part of the National Institutes of Health. Um, and that like kind of legitimized a lot of. What they were trying to, to do and show, you know, mindfulness and yoga and acupuncture. So when they came back and asked for some clarification, I was able to give them their own government website. And then we got that approval and I'm like, oh my goodness, what are we going to do? So we started doing free yoga classes in the community in LA. And it grew from like a, you know, a great response to that to in twenty ten. So this was two thousand and nine and twenty ten, we got our space that we still have on Pico Boulevard between Crenshaw and Arlington. So

**Robin B. Pipkins** Nice.

**Skye** in Mid-City LA. But it was in an area that had, I think at the time, like it was maybe a two or three mile radius. There was nothing like it. there hadn't wasn't really anything in downtown LA at that point either. So we were really trying to, you know, expose people who may not have had access or thought it was only available to people in a certain area or a certain income bracket. So that's really a lot of the genesis of of what it was. And I, I know I had moments where I felt like this voice, I guess you could say, was just like, you know, you need to give back. Or like I, I remember often feeling like I needed to make, agreements to like, hey, if I can get even better, like, I will give back. I'll make sure no one's in this position again. Right. So I think that was a big part of my journey, was that those moments and then not forgetting those moments, as I did, keep getting better, that like I, had made those promises. So, creating the organization and then keeping it, being all volunteers has been a really big part. And, you know, being, we, we, we are partners with a lot of different nonprofit organizations in and around LA, and also over here in Hawaii. Uh, and with that emboldens us to to reach more people. And, um, I've been able to give Feldenkrais and Craniosacral to patients at the Venice Family Clinic. I was

**Robin B. Pipkins** Wow.

**Skye** a part of their integrative clinic. yeah. So and and from that still have patients to this day, like, even though I first started treating them like fourteen or fifteen years ago, that still come to me and get free or sliding scale treatments to help them. And they've avoided surgeries. Yeah. Uh, a lot of amazing things and great friendships and great connections and also people that have taken part in things we do have come back and taught. So it's this beautiful thing because, again, everyone is a volunteer from me all the way down. So it's a very passion, driven organization. And I think the reason we've made it is it seventeen it is seventeen years now

**Robin B. Pipkins** Wow.

**Skye** is in large part due that, right? Because if we had a big overhead or I was like, you know, oh, we need to get, you know, fancy offices and we need to do this and that, and I'm going to pay myself all this money. Like, that was never in what the mission was. And so I think that that's part of why we have been able to sustain.

**Robin B. Pipkins** Thank you for that sky. That origin story is pretty amazing. I mean, you know, it takes, sometimes really, trying times in our lives to motivate us to do and to give back. And I think that's so wonderful that you did that. And you listen to that voice so many times. We don't listen to that inner voice and you listen. And now you have this wonderful organization that's been around for seventeen years. And I think that's absolutely amazing. So it's a pretty cool origin story. so you covered quite a bit. And I

think you mentioned some of the things that your organization, does. And so I don't want to have you repeat a lot of what you've already said, but, if you wouldn't mind just kind of defining what the core mission of the organization is and, who specifically do you all serve?

**Skye** Yeah, absolutely. So the mission statement, I think has evolved over the years, but it's the big part was just making sure that everyone had access to preventative, complimentary, non-invasive, self-directed health care. and so that's what we try to offer resources for. and that does include, like the yoga tai chi meditation classes that we are able to hold in person. We go out to organizations as well, but then we have a large online community and that was born of Covid timeframe.

**Robin B. Pipkins** Okay.

**Skye** So prior to that, we hadn't we had expanded to Fresno and had a second location. But when Covid hit and that had to close, we were able to really expand. So like journaling classes and, you know, vision board workshops, we've had

**Robin B. Pipkins** Mhm.

**Skye** awesome offerings that we've been able to do, Zumba classes and acupuncture, clearly that's in person. But we've had like Reiki groups, both in person and virtually. So it's a pretty broad spectrum. And then, I've been honored to have some mentees with the Craniosacral, and Feldenkrais. And so they've been able to do offerings of that at our studio in LA and I here in Maui. Helen World did expand here, uh, couple years before the fires, but didn't really start doing much until the fire that affected us here in Lahaina, in August eighth of twenty twenty three. So we've been doing a lot of yoga, tai chi, meditation, and I've been doing hands on treatments here in Hawaii as well. So that's our mission. And who we treat is anyone that's, looking for it. So, that part of why I'll just piggyback off of I mentioned, when I went to go and try and seek help, and I became very disenfranchised with how bad it made me feel. they were telling me, you know, like I had to go to a shelter. even if I didn't feel safe there because there were certain protocols and, you know, just asking all kinds of really personal and, um, demoralizing questions in order for

**Robin B. Pipkins** Mhm.

**Skye** me to qualify for something that I clearly needed,

**Robin B. Pipkins** Right.

**Skye** but I didn't ever get. So I actually never received any of those government benefits. and I want to make sure that no one ever has to do that to receive what we offer. just have people self qualify themselves. we don't even make anyone sign anything saying that they can't afford it and they can do it for free. We just invite everyone to come. So, if someone is able to donate, that helps the mission. We've had some students be able to do that, but it's for anyone that pretty much maybe doesn't feel comfortable going elsewhere. that's been like inclusivity. Pardon me, is, uh, is a really big part. And I don't know if I realized that honestly, as much when I first started it, I was really feeling like income is such a great barrier. I don't think I realized about, you know, the someone's size can make you feel really uninvited in certain classes and places,

**Robin B. Pipkins** Mhm.

**Skye** um, or someone's age, someone's background. you know, your style. I don't know, it

**Robin B. Pipkins** Mhm.

**Skye** just it

**Robin B. Pipkins** Mhm.

**Skye** feels quite, um, exclusive. And so we wanted to feel inclusive. And so that is who we serve. and it is a beautiful thing, especially the area in LA. is is a really cool crux of a lot of different areas and, with a

lot of, of different heritage. And so when people come to the studio, they meet and they get to be like, oh, hey, you're my neighbor. And they may not have ever met aside from at the studio. So that's been like a beautiful, not purposeful, but, you know, experience that people have gotten to have from taking part in what we do. And the same thing for the online offerings to honestly, I've had some people make some friends just chatting

**Robin B. Pipkins** Mhm.

**Skye** before or after an offering. So it's open to everybody.

**Robin B. Pipkins** That's wonderful. And it's accessible. It sounds like, as well, being able to offer classes online and in person. so my next question for you is, where do you see Heal One World being in the next five to ten years?

**Skye** It's exciting because we have a dome. So, yes, we got a dome. it's about an hour and a half north of Los Angeles. It's in Cali. when the studio in Fresno had to close, I and I also I had moved there, and I had a home, that I was renting there, but I had a bunch of stuff and then the whole yoga studio, and I'd put it in storage, when Covid hit and we couldn't sustain staying at that location. And I was like, why am I paying this five hundred dollars a month for storage? I'm going to find an awesome property, kind of in the middle of nowhere that we can do retreats at. And I'm going to put this, storage there, but the storage funds so that we can afford this, like,

**Robin B. Pipkins** Mhm.

**Skye** magical place that's going to be that affordable in California. Right? It seemed like a pipe dream of sorts, but it came true. The gentleman that owned this property before had said that. Oh, he always felt, there's a whole longer story I could tell about where he kind of had had, turned off the water. So the other people that were maybe going to buy it couldn't do the inspection and all these little things that just the universe, let's say. And this gentleman was like, I don't know, it was important to him to know who was buying this property. And when he found out what we were doing, um, even though he had been a stockbroker, he's like, well, my dream had always been to open something like this. You know, I, would always go and and take part in meditation and vipassana retreats and like, this is this is beautiful. So, he helped enable with some seller financing and other things and lowering the price that we were able to get this amazing geodesic dome. And it's super cool. it's the Joy dome. Com is a website where you can check it out, but I am really excited about the future of holding some retreats and having the space be available for people to utilize, and rent, so that it can be something that brings income back to sustain heal one world and make sure our mission can continue.

**Robin B. Pipkins** Mhm.

**Skye** Um,

**Robin B. Pipkins** Yes.

**Skye** the world of, of nonprofits right now. You know, we were never getting huge grants or government grants or anything like that. we would have had to have employees in order to even deal with the paperwork for that. We've

**Robin B. Pipkins** Mhm.

**Skye** gotten small grants before, but primarily it's just that it's all people power. and

**Robin B. Pipkins** Mhm.

**Skye** then getting, you know, small grants or myself helping out to make sure that the overhead at the studio is covered. But that is, you know, in order to grow our mission and to make sure that this is like, even if something happens to Sky, right? This all keeps moving. which is what, you know, I'm hopefully of course, I'll be thriving as well, but, I wanted to help it sustain itself. So, uh, social enterprise is what they call the the charity that will help it keep itself going with its own services and its own offerings. So

this dome on two and a half acres in a town called Tehachapi, which is really a lovely, awesome place that I'm happy to have, uh, put it planted some how heal one world roots in is

**Robin B. Pipkins** Mhm.

**Skye** the big part of the future that I see, continuing the classes, you know, the online offerings people often have said, like, oh, do you want to continue, you know, having more locations. And I mean, it's a lovely idea. And if there's another person with the capability to kind of figure out how to have a space that's affordable and people that will congregate, I would be happy to support that in any way I can. But of course, I don't believe I can actually be fostering more locations personally. So, I'm open to that if the community finds us. But

**Robin B. Pipkins** Mhm.

**Skye** from our, like, Genesis, that continuing with this, retreat center, I'm very excited about the prospect for that because it's going to be such a beautiful thing in itself. But then it will also bring in that income that will hopefully sustain to continue all of our other projects. And like part of it is I want us to be able to bring folks who may not be able to escape, the more urban areas and kind of be out in a really beautiful place in the middle of mountains. it's at four thousand foot elevation. So they actually have gotten snow. And,

**Robin B. Pipkins** Wow.

**Skye** um, yeah, it's a really cool space it has where people can stay. It also has a separate small, baby dome. That's the

**Robin B. Pipkins** Oh.

**Skye** little dome. And it's where we could do, yoga and tai chi. And the sound was amazing. So, like, doing, you know, sound therapy and singing bowls and it's, Yeah, it's really exciting. So that's where I kind of see us going.

**Robin B. Pipkins** Wow. That I have to see this place in person.

**Skye** Um,

**Robin B. Pipkins** So I'm.

**Skye** so,

**Robin B. Pipkins** Yeah,

**Skye** um. Yes.

**Robin B. Pipkins** I might have to stop by sky, take

**Skye** Yes,

**Robin B. Pipkins** a trip to LA.

**Skye** please.

**Robin B. Pipkins** It sounds really, really cool.

**Skye** Yes.

**Robin B. Pipkins** And that kind of brings me into my next question about, the partnership between One World and Infinite Black Circle. I guess we both can talk a little bit about what that looks like and, and, and the services that infinite black circle will be providing and just how that partnership will, work so that the audience knows. so as I mentioned, I have been teaching, vision board classes. I started in January, with teaching a intentional living for the new year. So vision boarding and just, manifesting the life that

you want for the rest of the year. That's basically, what this, this workshop is all about. And, my first class, I had a ton of students.

**Skye** So

**Robin B. Pipkins** Yes,

**Skye** many.

**Robin B. Pipkins** yes. And everybody was fully engaged. And it was, you know, it was awesome. and then I decided, well, let's keep the momentum going. And so I decided to do a monthly check in every month. And so what we're in March. So this is the third month for it.

**Skye** I was so excited, Robin, when I got your email. I remember still to this day, like the excitement in my chest, I felt like, oh, like kindred spirit. This is so exciting. I'm excited to get to meet with you. And we discussed all of the awesome things that you have to offer and what you're looking to offer to the community, and how we could help facilitate that and get the word out and get folks that are looking for you. And, you know, I'm excited to continue to help foster that. And, I

**Robin B. Pipkins** Thank

**Skye** know,

**Robin B. Pipkins** you.

**Skye** I mean, you have a you're I know you're continuing trainings as well and, um,

**Robin B. Pipkins** Mhm.

**Skye** continuing to have more things to offer to the community. And I'm excited on how that will continue to, you know, evolve. But what we really want to do is support, um, and making sure we can, you know, get the word out and let people through lots of different ways. Um, especially it's really cool. We have a Google ad grant as a, as a five hundred one C three.

**Robin B. Pipkins** Nice.

**Skye** So we're able to create things where people, if they Google like, hey, I'm stuck. What can I do?

**Robin B. Pipkins** Yes.

**Skye** Like Robin's class can come up and like, we can help steer them to get there. And then also just helping people find Robin and the services that you have. So like, that's, yeah, something we want to continue to support. And I'm excited to

**Robin B. Pipkins** Thank

**Skye** see

**Robin B. Pipkins** you.

**Skye** what more you have, because I've only gotten like the most amazing feedback. I

**Robin B. Pipkins** Oh.

**Skye** even as you know, Tracy, who's one of my amazing, practicum

**Robin B. Pipkins** Yes.

**Skye** interns, I get

**Robin B. Pipkins** Love, Tracy.

**Skye** a master's of public health students. She's already she's got her MPH now, but she still helps because she loves Robin and her offering and how I know, I know

**Robin B. Pipkins** Yes.

**Skye** we got love for each other as well, so. But she stayed on just because she wants to be able to help facilitate and take part. So that's

**Robin B. Pipkins** That's awesome.

**Skye** a testament, right?

**Robin B. Pipkins** Yes, yes.

**Skye** Yeah.

**Robin B. Pipkins** Thank you so much for that. I so much appreciate that. yeah. I mean, like I said, when I reached out to you, I saw all the wonderful things that you were offering, and I was like, we still, we have somewhat of the same sort of mission. It's just mission driven.

**Skye** Yeah.

**Robin B. Pipkins** And, you know, I like looking at my next question, which is, you know, how do I see the partnership evolving in the future? You know, you mentioned retreats.

**Skye** Yes,

**Robin B. Pipkins** I could see that sky.

**Skye** yes.

**Robin B. Pipkins** I can see it. We should

**Skye** I

**Robin B. Pipkins** do it.

**Skye** see it already. I'm in. I'm so in. Let's do it

**Robin B. Pipkins** Yes, yes,

**Skye** that

**Robin B. Pipkins** because, you

**Skye** often.

**Robin B. Pipkins** know, I, I just that's something that I have on my, I guess, my bucket list of things that I want to do and, you know, and to be able, you know, I'm right now I'm just online. But to be able to, speak with people in person, that would be that would be awesome.

**Skye** Oh, I can see you as an amazing facilitator. So, yeah, I think we

**Robin B. Pipkins** Thank

**Skye** need

**Robin B. Pipkins** you.

**Skye** to make that come together, because what I need is some amazing facilitators. I, you know, it's I, could do a couple things on my own. I've, I've held a retreat there at the the dome, um, with one of our longtime students. And it went really, really awesome. But there's only so much that one person can do. So I'm

**Robin B. Pipkins** Right.

**Skye** really excited to. Yeah, to see what comes from this.

**Robin B. Pipkins** Yeah.

**Skye** And, you know,

**Robin B. Pipkins** Let's

**Skye** we might

**Robin B. Pipkins** let's

**Skye** be talking

**Robin B. Pipkins** do it.

**Skye** from the dome the next time that we, we get to in person and with the dome, the dome sound effect.

**Robin B. Pipkins** Yes, yes, let's do it. Let's do

**Skye** Yeah.

**Robin B. Pipkins** it.

**Skye** Love it.

**Robin B. Pipkins** Well, um, I don't have any more questions for you today. But I just wanted to thank you so, so, so much for doing this interview and for speaking about your wonderful organization. And, how can people reach Heal One World if they want more information?

**Skye** Yeah. we got heal oneworld.org. So that's our website. And, from there. There's all the info on the classes. we have some meetup groups you can join to. To see about the different class offerings. And then if you want to reach out to me. You're welcome to, It's Skye SKYE And my mom is a hippie. And that is my name. That is my legal name.

**Robin B. Pipkins** That's my

**Skye** Um.

**Robin B. Pipkins** son's middle name.

**Skye** Oh, is I love it.

**Robin B. Pipkins** Yes.

**Skye** Yeah, it's it's it's a beautiful name that I

**Robin B. Pipkins** I love it.

**Skye** didn't embrace until I got a little bit older, but I do really love it now. I love my mom was a little ahead of the the curve with it,

**Robin B. Pipkins** Mhm.

**Skye** and I think it's a great, thing for your son to have that as a powerful

**Robin B. Pipkins** Thank

**Skye** middle

**Robin B. Pipkins** you.

**Skye** name. Um, Heal One World.org is my email. So that's SKYE the Isle of Skye in Scotland, is supposedly I just think my mom's a hippie and she thought it was cool, but she's like, no, it's Scottish. so you can reach out to me and, you know, if you don't hear back from me, you you just send a second email, please. Because I do get a lot of emails, but I

**Robin B. Pipkins** Okay.

**Skye** do try to get back to anyone who has everyone and anyone that may have a question, or like an offering that they might want to bring. And we've had. Yeah. I mean, just the way you found us, um,

**Robin B. Pipkins** Mhm.

**Skye** we've had a lot of amazing teachers reach out and be able to have these amazing offerings, because when you have a gift like you have Robin and I lucky

**Robin B. Pipkins** Thank

**Skye** to have

**Robin B. Pipkins** you.

**Skye** it, it's such a shame if we can't share this. And, you know,

**Robin B. Pipkins** Mhm.

**Skye** help, help raise the vibration. So.

**Robin B. Pipkins** Mhm.

**Skye** Yeah.

**Robin B. Pipkins** Yes. Let's raise the vibration of this planet

**Skye** Yeah.

**Robin B. Pipkins** because it needs some raising. Right.

**Skye** It sure does. It really does. And that's that's what I've heard in our community. I mean, I am an I try to be an activist in other ways to just make sure that underrepresented people are can be heard. But it's hard right now with everything that's going on. So I think that keeping our energy really strong and a lot of

**Robin B. Pipkins** Mhm.

**Skye** people in the wellness community, there's a lot of weird stuff in the wellness community, too. But I'll say like some things that resonate with me within the wellness community is about how we just need to keep up our vibration and our energy and being positive and kind of just sort of being ready for what's next once, because things will shift, they

**Robin B. Pipkins** Yeah.

**Skye** have to shift, um,

**Robin B. Pipkins** Yeah.

**Skye** and, that that makes sense to me. And it helps me feel a little bit less hopeless or, um,

**Robin B. Pipkins** Mhm.

**Skye** out of control just to continue with all the good stuff that we can practice and offer.

**Robin B. Pipkins** Yes. Same here. Skye. I'm with you.

**Skye** Yeah.

**Robin B. Pipkins** We just take it one step at a time. But every little bit matters.

**Skye** It does. It really does. We're going to be winning. So.

**Robin B. Pipkins** Yes.

**Skye** Yeah.

**Robin B. Pipkins** Well, thank you so, so much. And,

**Skye** Thank you.

**Robin B. Pipkins** And. Yes, if anybody needs to reach Skye, you know how to reach her. And, I will be sure to leave her information as well. with this podcast and, Yeah, I will see everyone next time. Thank you so much. And thank you, Skye.

**Skye** Thank you Robin. Mahalo.